

# Helping Hands: Neighbours Helping Neighbours



**Do you need help with small tasks like grocery shopping, watering plants, or pet sitting? Or maybe you have a little extra time and would love to lend a hand to your neighbours? Join our initiative and be a part of a neighbourly support network where we help each other out with everyday tasks!**

## **How It Works:**

- No financial cost. Skills/time – pay it forward
- Friendly helpers, not professionals
- Central email contact through your Block Connector
- Connect with your Block Connector to request or offer help.

## **Examples of Help You Can Ask or Offer:**

- Grocery shopping
- Watering plants
- Pet sitting
- Picking up mail
- Small household repairs
- Any other small tasks

## **Join Us!**

Email \_\_\_\_\_ to be added to the Helping Hands list.

Sincerely,  
Your Block Connector